



Friends, Inc.

Currently 87 Dedicated Volunteers
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Judy Wilson

We are at our best
when we are
serving others



I remember last year saying, "Let's not look back because we aren't going that way!" Well, it's 2024, and it's pleasant to look back at 2023 and see all the many acts of kindness this small organization accomplished. A multitude of hands served many in our community. I'm not much on New Year's resolutions, but I hold to the same one every year: I want to be a better person and be used to the fullest in serving others.

I have always been fascinated with hands. I love to see elderly people's hands and think of all the many things they have accomplished. When I look at my hands now, wearing my parent's rings, I can still visualize their hands and how they served so willingly. Stop and think about how your hands have served you, as well as others. Though our hands are similar in physical appearance, they are different because of how they are used. Our hands reflect our innermost selves. We clench our fists when we are angry. We wring our hands when we are stressed or worried. As children, we were taught to fold our hands to pray. We wipe tears from our eyes when we are sad. Hands can appear beautiful even when calloused and soiled after a hard day's work. My husband's hands consistently show how hard he worked to provide for our family.



My mother, mine, my daughter, and my first granddaughter in 2010.

Our hands shrivel as we wash dishes. Our warm hands hold newborn babies. Gentle hands caress the heads of our loved ones as they leave this earth. We use them to extend for a warm handshake, write letters, stroke the face of a child, hold a hand, put food in our mouths and clothes on our back. Our hands hold us up, lay us down, and, at the end of the day, fold in prayer. When you look at your hands, realize the great potential within them. I hope you will look for resourceful ways to use them positively and creatively in 2024 to serve others. Being part of Friends, Inc. allows us to be better people by using our hands to give of our means, push a wheelchair, carry groceries, write letters and pick up a phone to say hello to a friend. Thank you for joining hands with Friends, Inc. in 2023. I hope you will continue as we move forward into the new year.

May you always have love to share, health to spare, and Friends that care.

Providing Friends FOR THOSE IN NEED



Jan Brewer
Executive Director

Tie a bow on it...

2023 is a wrap! These years have a way of speeding up, don't they? As I am writing this, it is already mid-January. Looking back on the last quarter of our year at Friends, Inc. it seems that it was many months ago that we were in the middle of Autumn Evening, Bag of Blessings, and Be a Santa to a Senior.

We have been blessed to add new volunteers to our group! I hope many of you will have the opportunity to meet Doris Briggins, John Holloway, Jeri and Walt Miller, and Sandra and David Lewis. They bring wonderful skill sets, and years of volunteer and life experiences to Friends, Inc.

During the last quarter of 2023, our volunteers:

- helped organize and made more than 150 deliveries to patients for Bag of Blessings and Be a Santa to a Senior
- sent hand-written cards to patients
- called patients to check on them just to make sure they were okay
- took packages of medical supplies to patients when there was too much month at the end of the money
- sent birthday cards to patients, many of whom wouldn't hear from anyone else
- picked up medical supplies that were donated to Friends, Inc.

These and many other tasks will continue to be completed month after month because our volunteers care. They care about others, and they care about this organization.

If you're wondering how you, too, can help, think about how you WANT to help.

Call me. Email me. There's a place for you at the Friends table. Join us, won't you?



Debbie Davis
Volunteer Coordinator

In Loving Memory

Mr. James Campbell

Mrs. Linda Bearden

Mr. Brian Ellingson

Mr. Bill Greer

Ms. Shilda Cowan

Mr. Orvell Jackson

Ms. Sheryl Stubbs



Become a

Volunteer

256.534.4079
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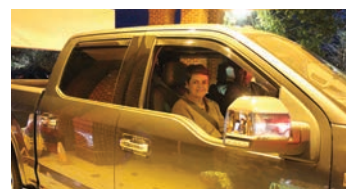
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FRIENDS, INC.'S BOARD OF DIRECTORS AND STAFF WOULD LIKE TO

Thank you



SCAN TO VIEW
ALL OF THE
2023 PHOTOS



Memorials, Honor Gifts, and Donations

In memory of Mr. Charles Cornelius
Given by Ms. Becky Alley

In memory of Mr. George Bailey
Given by Mrs. Sidney Bailey

In memory of Mr. Bill Greer
Given by Mr. and Mrs. Ken Barfield

In memory of Mrs. Carol White
Given by Mr. and Mrs. Ken Barfield

In memory of Mr. Eddie Stewart
Given by Mr. and Mrs. Phil Bentley

In memory of Mr. Tim Bead
Given by Mr. and Mrs. Phil Bentley

In memory of Mr. Gerald Babe
Given by Mr. and Mrs. Hugh Brady

In honor of Mrs. Betty Skelton
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In honor of Dr. and Mrs. Thomas Griggs
Given by Ms. Robbie Burlison

In honor of Ms. Margaret Kelly
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In memory of Mrs. Joyce Savage
Given by Mr. and Mrs. Mike Davis

In memory of Mr. Bill Greer
Given by Mr. and Mrs. Dwayne Duke

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In honor of Mr. Luke Spears
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In memory of Mrs. June Barber
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In memory of Mr. Gerald Babe
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Given by Mrs. Judith Link

In honor of Mrs. Jan Brewer and Mrs. Debbie Davis
Given by Ms. Linda Lockhart

In memory of Mr. and Mrs. Carroll Dailey
Given by Mrs. Susan Nyhus

In honor of Mr. Elbert Parsons
Given by Mrs. Cynthia Parsons

In honor of Mr. Ron Carter, Mr. Michael Ragoza, Mr. Mike Voisin, Mr. Dave Wilson, Mrs. Judy Wilson
Given by Mr. Thomas Robinson

In memory of Ms. Elsie Hydrick, Mr. John F. Robinson, Mr. Francis Maguire, Mrs. Frances McCormick, Mr. Remo M. Pitassi, Mr. Patrick McCormick, Mrs. Linda Lambert, Ms. Anna May Robinson
Given by Mr. Thomas Robinson

In memory of Mr. Bill Greer
Given by Mr. and Mrs. Paul Smith

In memory of Mrs. JoAnn Malcolm
Given by Mrs. Roberta Tatum

In honor of Mrs. Dale Griggs
Given by Ms. Jean Wessel Templeton

In memory of Mr. Don Perkinson
Given by Ms. Jan Vencill

In memory of Mrs. Doreen Bearden
Given by Ms. Jan Vencill

In memory of Mrs. Doreen Bearden
Given by Ms. Carolyn Wright

Autumn Evening: Mr. and Mrs. Fred Applegate, Mrs. Shirley Ashburn, Mrs. Sidney Bailey, Ms. Louise Baird, Mr. and Mrs. Ken Barfield, Mr. and Mrs. Ralph Barnes, Mrs. Suzanne Barnes, Mrs. Madeleine Barrs, Mr. and Mrs. Tim Bell, Mrs. Marilyn Bethune, Mr. and Mrs. Richard Bevis, Mrs. Margaret Bibb, Mr. David Blankenship, Mr. and Mrs. Hugh Brady, Mrs. Charolette Brodowski, Mr. and Mrs. J.R. Brooks, Ms. Kim Broyles, Ms. Pam Buck, Mrs. Carol Burgess, Mr. and Mrs. Jason Bybee, Ms. Rena Campbell, Mrs. Kay Campbell, Mr. and Mrs. Clay Carnes, Mr. and Mrs. David Carstens, Ms. Rosie Carter, Mr. and Mrs. Ron Carter, Ms. Diana Christenson, Dr. Lourdes Corman, Mrs. Monica Couch, Mr. and Mrs. William Crowder, Mr. and Mrs. Richard Curtis, Mr. and Mrs. Jim Daniel, Mrs. Carol Ann Dean, Mr. and Mrs. Ray Deep, Ms. Afton DeLuca, Mrs. Jane Diamantis, Mrs. Mary Dickerson, Ms. Melanie Drenning, Mr. and Mrs. Dwayne Duke, Dunnagan Yates & Allison, Ms. Anita LaToree Elliott, Mr. and Mrs. Chip Enlow, Mr. and Mrs. Joe Essner, Mr. and Mrs. Joel Essner, Mr. and Mrs. Joe Estes, Dr. and Mrs. Noel Estopinal, Ms. Vicki Eversmeyer, Mr. and Mrs. Gene Ezell, Mrs. Susan Field, Dr. and Mrs. Dick Finch, Dr. Tobin Fisher, Mr. and Mrs. Matt Flynn, Mrs. Kathy Forsythe, Mrs. Kathryn Frasier, Mr. and Mrs. Armand Fux, Mrs. Peggy Galloway, Mr. and Mrs. Bruce Gill, Mr. and Mrs. Jim Gillespie, Mr. and Mrs. Jim Goforth, Mr. and Mrs. Jerry Graham, Ms. Rebecca Graham, Ms. Renee Graham, Mrs. Susan Griffith, Ms. Beth Griggs, Dr. and Mrs. Thomas Griggs, Mr. and Mrs. Joe Grobmyer, Mr. and Mrs. David Guy, Mrs. Paulette Hamblin, Mr. Rich Hartz, Mr. Terrence Hartz, Mr. and Mrs. David Hasley, Mrs. Becky Heffelfinger, Mr. and Mrs. William Herrin, Mr. and Mrs. Toney Hill, Mr. and Mrs. Charles Holt, Mrs. Joanne Horn, Mr. and Mrs. Tracy Hudson, Mrs. Cynthia Hughes, Mr. and Mrs. Lew Ingalls, Mr. and Mrs. Johnny Johnson, Mrs. Maya Kambeyanda, Dr. and Mrs. Denton Kimbrough, Dr. and Mrs. Butch Kinzer, Mr. and Mrs. Richard Kowallik, Ms. Mary Krothapalli, Mr. Shelby Kurzius, Mrs. Linda Kyle, Mrs. Cay Lambert, Mr. and Mrs. Paul Lanza, Mrs. Doris Levinson, Mr. and Mrs. Chris Lewter, Mrs. Karen Limperis, Ms. Judith Link, Mr. and Mrs. Daniel Lofgren, Mr. and Mrs. Clifton Mann, Mrs. Johnna Mann, Ms. Mary Elizabeth Marr, Mrs. Carol May, Mrs. Linda McCord, Ms. Lydia McDonald, Mr. and Mrs. Conrad McRight, Ms. Kristi Meacham, Mr. and Mrs. James Miller, Mr. and Mrs. Rex Mills, Mr. and Mrs. Ron Mitchell, Mrs. Trudy Moore, Mr. and Mrs. Ricky Morris, Ms. Virginia Navarro, Mr. and Mrs. Ricky Norton, Mrs. Bobbie Norville, Mr. and Mrs. Chris Parker, Ms. Lauri Patrick, Ms. Sara Beth Patterson, Ms. Patricia Patterson, Mr. and Mrs. Bill Porter, Mr. and Mrs. Ron Poteat, Mrs. Mary Lee Prout, Mr. and Mrs. Mike Ragoza, Mrs. Jessica Ramsey, Ms. Laura Rau, Mr. and Mrs. Greg Richard, Mr. and Mrs. Bob Rieder, Mr. and Mrs. Robbie Roberson, Mrs. Nell Roberts, Mr. Thomas Robinson, Ms. Sheryl Roche, Ms. Melissa Rowe, Dr. and Mrs. Calame Sammons, Ms. Joanne Sanders, Mr. and Mrs. Eugene Sapp, Mrs. Sarah Jane Scheiman, Mrs. Mary Schrenk, Mrs. Kate Shaver, Ms. Sabrina Simon, Mr. and Mrs. Denny Sissom, Mrs. Patty Smith, Mr. and Mrs. Brent Smith, Mrs. Linda Smith, Dr. and Mrs. Kelly Smith, Mrs. Lori Smith, Ms. Patricia Sowder, Mr. and Mrs. Rodney Steger, Ms. Terese Stevens, Mrs. Leesa Stroud, Mrs. Kathy Sutton, Mrs. Anne Swaim, Mr. and Mrs. Bruce Thompson, Mrs. Ruth Thompson, Ms. Edith Toney, Mrs. Sue Underwood, Mrs. Sandra Vallely, Mrs. Margaret Vann, Ms. Elaine Wales, Mrs. Linda Wallace, Ms. Harriet Westra, Mr. and Mrs. Steve Wilson, Mrs. Nancy Woodall, Mrs. Emilia Woodfin, Mr. and Mrs. Darryl Wortman, Mr. and Mrs. Henry Younes, Mr. and Mark Yokley

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-Please contact us with information regarding unintentional omissions or misspelled names on these lists.

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